

## PHELOPHEPA 2 HEALTH CARE TRAIN

**1994 – 2013 : 19 years of keeping health on the tracks**

Health Portfolio

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**TRANSNET**

### **HEALTH CLINIC**

Health education free

### **Diabetic Educare**

Free screening

### **Cancer Educare**

Pap Smears - free

Prostate screening - free

Medicine – per prescription – R 5

No immunizations done at train

No family planning done at train

Prostate specific antigen – test - free

Breast screening - free

### **EYE CLINIC**

Screening free

Made-up Spectacles – R 30 per pair

Readers – R 30

Eye test and Spectacles – R 30

No operations or bifocals on the train

Eye drops – R 5

### **DENTAL CLINIC**

Screening and Education free

Extractions, fillings and cleanings done

Adults – All procedures – R10

Children below the age of 16 – Free

Medicine – per prescription – R 5

No false teeth

### **COUNSELLING / PSYCHOLOGY**

Individual Counselling

Workshops:

To cope with life's problems such as

Stress – Abuse – Conflict – Parenting –

Discipline etc,

Free Service

### **The Journey**

Working with Emotions – Learners –

Empowerment workshops – Individual

## PHELOPHEPA ROUTE: 2013

<b>Northern Cape</b>		
1	Colesberg	21 Jan – 25 Jan
2	Kakamas	28 Jan – 01 Feb <b>SC</b>
3	Upington	04 Feb – 08 Feb
4	Upington	11 Feb – 15 Feb <b>SC</b>
5	Prieska	18 Feb – 22 Feb
6	Prieska	25 Feb – 01 Mar <b>SC</b>
7	De Aar	04 Mar – 08 Mar
8	Douglas	11 Mar – 15 Mar <b>SC</b>
9	Beaconsfield	18 Mar – 22 Mar
10	Beaconsfield (Easter)	25 Mar – 28 Mar <b>SC</b>
11	(Non Operational) (Easter)	02 Apr – 05 Apr
12	Wincanton	08 Apr – 12 Apr
<b>North West Province</b>		
13	Taung	15 Apr – 19 Apr <b>SC</b>
14	Taung	22 Apr – 26 Apr
15	De La Reyville	29 Apr – 03 May <b>SC</b>
16	Lichtenburg	06 May – 10 May
17	Lichtenburg	13 May – 17 May <b>SC</b>
18	Madibogo	20 May – 24 May
19	Mafikeng	27 May – 31 May <b>SC</b>
20	Mafikeng	03 Jun – 07 Jun
21	Heystekrand	10 Jun – 14 Jun <b>SC</b>
22	Marikana	17 Jun – 21 Jun
23	Marikana	24 Jun – 28 Jun <b>SC</b>
<b>Kwa Zulu Natal</b>		
24	Newcastle	01 Jul – 05 Jul
25	Newcastle	08 Jul – 12 Jul <b>SC</b>
26	Paul Pietersburg	15 Jul – 19 Jul
27	Mtubatuba	22 Jul – 26 Jul <b>SC</b>
28	Mtubatuba	29 Jul – 02 Aug
29	Empangeni	05 Aug – 09 Aug <b>SC</b>
30	Empangeni	12 Aug – 16 Aug
31	Port Shepstone	19 Aug – 23 Aug <b>SC</b>
32	Port Shepstone	26 Aug – 30 Aug
33	Winkelspruit	02 Sept – 06 Sept <b>SC</b>
34	Moorivier	09 Sept – 13 Sept
<b>Free State</b>		
35	Thaba Nchu	16 Sept – 20 Sept <b>SC</b>
36	Thaba Nchu	23 Sept – 27 Sept

**SC indicates Student Change**